



Setswana is one of the Bantu language groups, mostly spoken in Botswana, South Africa and Namibia (Southern Africa). The following lessons have been designed to suit any new learner in Setswana who has had little or no exposure to Setswana language. Remember, Setswana will be a useful tool in your work, and aid you in integrating well in your community making accessible to you a substantial segment of the population with little or no English skills.

0 amogetswe mo puong ya Setswana!! Pula!

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	Guide to Pronunciation	Example
Alphabet		Example
a	a in father	batho, people
b	b in baby	baba, enemies
ch	ch in church	chenchi, change
d	Debt	ditau, lions
е	ey in "they" or "a" in came	<i>pele</i> , first
(represents two sounds)	e in <i>begin</i>	bina, dance
ê	"e" in <i>there</i>	<i>êma</i> , stand
f	far	<i>fêla</i> , only
g	The sound made when you hawk a lougie	gana, refuse
h	house	huma, be rich
i	ee in deep	bina, dance
j	j in jug	<i>jwala</i> , sow
k	k in kind	kima, thick
	/ in <i>line</i>	lela, cry/ weep
m	<i>m</i> in <i>me</i>	mena, fold
n	<i>n</i> in <i>name</i>	nama, meat
0	o in boat	Motse, village
(represents two sounds)	A sound somewhat like <i>u</i> in <i>put</i>	Pelo, heart
Ô	ou in ought	bôna, see
р	p in pain	<i>pitse</i> , horse
ph	<i>p</i> (with aspiration) as in <i>peach</i>	phutha, fold
q	non existent	
r	You just roll the "r"	rêra, preach
S	s in sit	simolola, start
t	<i>t</i> in <i>steak</i>	setoto, carcass
th	<i>t</i> (with aspiration) as in <i>take</i>	thusa, help
tl	as in <i>cluck</i>	<i>tla</i> , come
tlh	(with aspiration) as in <i>sclerosis</i>	tlhapa, wash/ bathe
tsh	(with aspiration) like <i>ts</i> in <i>mats</i>	tshaba, run away
u	<i>u</i> in <i>rude</i>	<i>pula</i> , rain
v v	nonexistent	
Ŵ	w in water	wêna, you
X	an palatal click that is laterally released	Nxau-xau, name of place in
^	as in <i>nxe</i> , expressing sympathy	Botswana
У	y in yet	<i>tsamaya</i> , go
y	nonexistent	

Lesson 1: A Guide to Pronunciation

Adapted from: Setswana- English- Setswana Dictionary(Z.I. Matumo, 1993) Back to Top Lesson 2: Greetings

(Formal)- Dialogue		
dumêla rra	Good morning/ day/ evening sir	
dumêla mma	Good morning/ day/ evening madam	
o tsogile jang?	How are you?	
ke tsogile sentle, wêna o tsogile jang? (tsogile- Lit. means how have you risen?)	I am fine and how are you?	
Ke tsogile sentle	I am well	
Greeting a group		
Dumêlang borra le bomma	Good day ladies and gentlemen	
Dumela mma	Good day madam	
Le tsogile jang?	How are you (pl)?	
Re tsogile sentle, wêna o tsogile jang?	We are well and how are you?	
Ke tsogile sentle	I am well	
Re a leboga	Thank you	
(Informa	al)- Dialogue	
Dumêla rra	Good day sir	
Dumêla mma	Good day madam	
Le kae?	How are you?	
re teng a lona le teng?	I am fine and how are you?	
Re teng	I am fine	
"Dumêla" is not specific to any time of the day. Men are expected to take off their hats/ caps when greeting elders.		

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Lesson 3: Introducing Self/ Someone

leina lame ke Itumeleng	My name is Itumeleng
sefane same ke Moeng	My Last name is Moeng
leina la gago ke mang?	What is your name?
ke tswa kwa Botswana	I am from Botswana
o tswa kae?	Where are you from?
leina la gagwe ke Thabo	His name is Thabo
sefane sa gagwe ke Thuto	His last name is Thuto
a o tswa kwa Amerika?	Are you from America?
ke moithaopi	I am a volunteer

Lesson 4: Leave- Taking Expression

go siame	Good-bye	
ke tla go bona	See you	
tlhôla sentle	Have a good day	
robala sentle / borôkô	Good night	
ke tla go bôna kamoso	See you tomorrow	
ke tla go bôna kgantele	See you later	
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Lesson 5: Vocabulary 1 (Verbs)

(word after slash represents the verb in its past tense form)	То-
kgôna / kgônnê	Able, be
gakolola / gakolotsê	Advise;remind
tshaba / tshabile	Afraid of, be
araba / arabile	Answer
gôrôga / gôrôgile	Arrive
botsa / boditse	Ask
kopa / kopile	Ask for (polite way)
tsamaya / tsamaile	Away, go ; travel
nna, ntse	Be, become
simolola / simolotse	Begin
dumêla / dumetse	Believe, agree
bedisa / bedisitse	Boil
adima / adimile	Borrow
tlisa / tlisitse)	Bring
	Burn
tshuba / tshubile	
fitlha / fitlhile	Bury
rêka / rêkile	Buy
bitsa / biditse	Call another person
<i>kuka / kukile</i> (<i>lit. lift, when in its past form it means to help sb. carry</i>)	Carry
palama / palame	Climb
tswala / tswetse	Close
tla / tlile,	Come
tsêna/ tsenye	Come in
tswa / dule,	Come out (emerge)
apaya / apeile	Cook
lela / ledile	Cry
bina / binnê	Dance
diêga / diêgile	Delay
senya / sentse	Destroy

dira / dirile	Do
nwa /nolê	Drink
phakêla / phaketse	Early, to be
ja / jele	Eat
tsêna / tsene	Enter
tlhalosa / tlhalositse	Explain
utlwa / utlwile	Feel; Hear; Taste
fetsa / feditse	Finish
fitlhêla / fitlhetse	Find
baakanya / baakantsê	Fix, prepare
itshwarêla / itshwarêtse	Forgive
bôna / bonye	To see
tsoga / tsogile	Get up/ wake up
fa / file	Give
ya / ile	Go
itumêla / itumêtse	Happy, be
thusa / thusitse	Help
tshwara / tshwere	Hold
bolaya / bolaile	Injure
boloka / bolokile	Кеер
siama / siame	Kind, be
itse / itsile	Know
tshêga / tshegile	Laugh
ithuta / ithutile	Learn ; study
reetsa / reeditse	Listen
rata / ratile	Like/ love
nna /ntse	Live
tlhôka / tlhôkile	Need
bula / butsê	Open
feta / fetile	Pass
duêla/ duetse	Pay
sêla / setse	Pick up
baya / beile	Place; put
gana / gannê	Refuse
boa / boile	Return
raya / reile	Say
rekisa / rekisitse	Sell
Iwala / Iwetse	Sick, to be
nna-fatshe / ntse-fatshe	Sit down
robala / robetse	Sleep
gôga / gogile	Smoke ; pull
bua / buile	Speak
lala / letse	Spend the night
sala / setse	Stay behind
tsaya / tsere	Take

ruta / rutile	Teach
bolêla / boletse	Tell
lapa / lapile	Tired, become
leka / lekile	Try
tlhaloganya / tlhalogantse	Understand
dirisa / dirisitse	Use
êta / êtela	Visit
batla / batlile	Want
Tlhatswa ; tlhatswitse	Wash (clothes)
Tlhapa ; tlhapile	bathe
leba / lebile	Watch
bêrêka / berekile	Work
kwala / kwadile	Write
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	· · · · · · · · · · · · · · · · · · ·
ke lapile	I am tired
ke a otsêla	I am sleepy
ke tshwerwe ke tlala	I am hungry
ga ke a tshwarwa ke tlala	I am not hungry
o ya kae?	Where are you going?
ke ya lapeng	I am going home
o tla leng?	When are you coming?
o nna kae?	Where is your home?
Andrew o kae?	Where is Andrew?
Edward o ya posong	Edward is going to the post office
ga ke ye shopong	I don't go to the shop
ke ithuta Setswana	I am learning Setswana ; I study
ga ke rate kofi	I don't take coffee
ke batla go ikhutsa	I need some rest
ke a ja	I eat ; I am eating
ga a je	He doesn't eat
ga a ithute	She doesn't study
ke tlhapa phakela	I bathe in the morning
ke tsoga makuku	I wake up very early
go nna bosigo	It's becoming late (night fall)
nako e tsamaile;e tshaile (inf.)	It's time up
Ke tshwere ke lenyora	I am thirsty
ga ke tlhaloganye	I don't understand
Bua ka bonya	Speak slowly
gape	Again
intshwarele	Excuse me
Bua ka bonako	Speak quickly
A o na le mathata?	Do you have a problem (s)?
Ee ke na le mathata	Yes, I have a problem

Lesson 6: Some Useful Expressions

Nnyaa, ga ke na mathata	No, I don't have a problem
A o na le dipotso?	Do you have any questions?
reetsa	Listen
botsa	Ask
dumêdisa	Greet
Tswêê-tswêê	Please
Ke itumetse	Thank you

Lesson 7: Vocabulary 2 (No	ouns)
	Kitchen
tafole	Table
setilô	Chair
sejana	Plate
kopi	Cup
leswana	Spoon
thipa	Knife
lefeêlô	Broom
	Bedroom
bolao	Bed
kobô	Blanket
diaparô	Clothes
borokgwe	Pants
ditlhako	Shoes
	General items
pensele	Pencil
buka	Book
bêkê	Bag
<i>p</i> ênê	Pen
fensetere	Window
lebati	Door

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Lesson 8: Pronouns

nna	1
wêna	You
ênê	She/ he
rona	We/ us
lona	You (pl)
bônê	Them

Lesson 9: Connecting words

and	
But	
Or	
ls	
As/like	
therefore	
because	
	But Or Is As/like therefore

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Lesson 10: Negation

	Ι	You	She/ he	We	You (pl)	They
		(sing)				
Present	Ke a	O a batla	O a batla	Re a	Le a	Ba a
	batla			batla	batla	batla
	I want	You want	She/he	We want	You want	They
			wants			want
Negative	Ga ke	Ga 0	Ga a	Ga re	Ga le	Ga ba
present	batle	batle	batle	batle	batle	batle
	I do not	You do	She/he	We do	You do	They do
	want	not want	not want	not want	not want	not want
Past	Ke ne ke	O ne o	O ne a	Re ne re	Le ne le	Ba ne ba
1 401	batla	batla	batla	batla	batla	batla
	I did want	You did	She/he	We did	You did	They did
	i did Walle	want	did want	want	want	want
Negative	Ke ne ke	O ne o	O ne a	Re ne re	Le ne le	Ba ne ba
past	sa _batle	sa battle	sa battle	sa batle	sa batle	sa batle
	I did not	You did	She/he	We did	You did	They did
	want	not want	did not	not want	not want	not want
			want			
Negative	Ga ke	Ga o	Ga a	Ga re	Ga le	Ga ba
future	kake ka	kake wa	kake a	kake ra	kake la	kake ba
	batla	batla	batla	batla	batla	batla
	I will not	You will	She/he	We will	You will	They will
	want	not want	will not	not want	not want	not want
Future	Ke tlaa	O tlaa	O tlaa	Re tlaa	Le tlaa	Ba tlaa
	batla	batla	batla	batla	batla	batla
	I will want	You will	She/he	We will	You will	They will
		want	will want	want	want	want

- ✓ When you add the negative ga in the present statement the last letter in the verb changes to e (applicable in negative present tense).
- ✓ When you change the subject marker present "ke" to subject marker past the negative ga changes to sa i.e. negative past tense.
- In the negative future, the stem ga + pronoun+ kake is used to signify the negation.

Verb to be (-nna)			
ke a bala	I am a reading		
o a bala	You are (sing) reading		
Lo a bala	You are (pl) reading		
o a bala	She/ he is reading		
Ba a bala	They are reading		
Re a bala	We are reading		
the 'a' is applicable in all pronouns to mean am, is are e.t.c.			
Verb to have (-na le)			
ke na le buka	I have a book		
O na le buka	You have (sing) a book		
Lo na le buka	You have (pl) a book		
O na le buka	She/ he has a book		
Ba na le buka	They have a book		
Re na le buka	We have a book		
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Lesson 11: Verb "to be" and "to have"

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Lesson 12: Questions and Commands

-			
Ke eng ?	What is it?		
O tsile leng?	When did you come?		
O tswa kae?	Where are you from?		
O tsogile j ang ?	How are you?		
O mang?	Who are you?		
O batla efe ?	Which one?		
O batla dife ?	Which ones?		
go reng / ka go reng ?	Why?		
Commanding expressions			
	Open the door		
ti	Close the door		
	Stand and talk		
ао	Stand		
	O tsile leng? O tswa kae? O tsogile jang? O mang? O batla efe? O batla dife? go reng/ ka go reng? Commanding		

tsêna mo teng	Get inside
tlaa kwano	Come here
didimala/reetsa	Keep quiet/Listen
boela kwa morago	Go back
tlaa kwa pele	Come to the front
nna fatshe	Sit down
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What do you want?
I want a candle
What do you need?
I need money
Where do you want to go?
I want to go home
What do you want to do now?
I do not know
How do you feel?
My head still aches
Why does she need a lot of money?
She needs to buy food and
clothes
Do you like coffee?
No. I don't like coffee
Where are you going tomorrow?
I want to go to the shops in the
morning

Lesson 13: Expressing Needs

Lesson	14:	Food	Items
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Food		
Sorghum		
Mealie-meal		
Sugar		
Salt		
Water		
Milk		
Tomatoes		
Potatoes		
Eggs		

borotho	Bread
kofi	Coffee
tee	Теа
<i>mot</i> ôgô	Soft porridge (made from sorghum / mealie-meal)
anyense; kwii	Onions
namunê	Orange
apole	Apple
<i>man</i> ôkô	Peanuts
dinawa	Beans

Lesson 15: Family

ntate mogolo	Grand father
nkuku	Grand mother
ntate	Father
mmê; mma	Mother
kgaitsadi (said only to pers. of opposite gender)	Sister ; Brother
nkgonne (to either elder sister/ brother)	Older sibling
nnake (to either younger sister/ brother)	Younger sibling
rangwane	Uncle (paternal)
malome	Uncle (maternal)
rakgadi	Aunt (paternal)
mmane; mmangwane	Aunt (maternal)
ntsalake	cousin
batsadi	Parents
ngwana; bana (pl)	Child/Children
Lelwapa ; lelapa	Family

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gompieno	Today
maabane	Yesterday
kamoso	Tomorrow
maloba a maabane	The day before yesterday
maloba	Few days ago
beke e	This week
beke e e fitileng (lit. the week that passed)	Last week
beke e e tlang (lit. the week that is still to come)	Next week
ngwaga e	This year
ngogola ; ngwaga e e fitileng	Last year
ngwaga e e tlang	Next year
kgwedi e	This month

Lesson 16: Adverbs of Time

gone jaanong	At the moment
kgantele	Later on; earlier on (depending on
	context)
bosigo	At night
phakêla	In the morning
motshegare	At noon (till sunset)
maitseboa	Around sunset

Lesson 17: Days Activities

Ke tsoga ka 6 phakela	I wake up at 6am
Ke a tihapa	I bathe
Ke bo ke ja	And then I eat.
Ke ya sekolong	Then I go to school
Ke tlhôtse kwa sekolong	I spent the day at school
Re ne re dira dilo tse dintsi	we were doing a lot of things today
Gone go na le baeng ba mapodisi	there were visitors from the Police
Ke ne ke itumetse gompieno	I was excited today
Fa ke tswa sekolong, ke a itapolosa	When I come back from school I rest.
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Lesson 18: Vocabulary 3 (Names of Places)

Places	English	
Ntlo	House	
Tlelase	Classroom	
Thoelêtê	Toilet	
Kitsi	kitchen	
sekolo; sekole	School	
Sepatela	Hospital	
kokelwana	Clinic	
shopo; lebênkêle	Shop	
Poso	Post office	
noka; molapô	River	
Tshimo	Field	
<i>K</i> êrêkê	Church	
Banka	Bank	
Kgotla	Customary court	

	High tone	Low tone	
mabêlê		\checkmark	Sorghum
mabêlê	\checkmark		Human breasts
lapa		✓	To be tired
lapa	\checkmark		Home
gôga		\checkmark	To pull
gôga		\checkmark	To smoke
utlwa		\checkmark	To feel
utlwa		\checkmark	To hear
utlwa		\checkmark	To taste
nna		\checkmark	Me
nna	\checkmark		To sit
go fitlha	\checkmark		To bury
go fitlha	\checkmark		To hide something
di kae?		\checkmark	How many are there?
di kae?	\checkmark		Where are they?
Setswana unlike English, it is what is called a tonal language. In other words, every			
syllable has a high or low tone associated with it. It is this that gives Setswana its			
melodic sound.			

Lesson 19: Some Words with similar spelling but different in meaning

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Lesson 20: Asking for Prices

kgetse ya dinamunê ke bokae?	How much is a bag of oranges?
ke bokae?	How much is it?
ke P4.50	lt's P4.50
namunê e le nngwe ke bokae?	How much is each orange?
e le nngwe ke 75 thebe	They are 75 thebe each
ke bokae gotlhe?; madi otlhe ke bokae?	What's the total price?
madi otlhe ke P17.50	The total price is P17. 50
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Lesson 21: Weather

Gompieno go serame; tsididi	Today it is cold
Gompieno go mogôte; molelô	Today it is hot
Go bothithô	It is warm
Go letsatsi	It is sunny
Go diphefô; phefô	It is windy
Gompieno go botoka	Today it is better
Selemô	Summer
mariga	Winter

Lesson 22: Health Expressions

I am not well
I have a head ache
My tummy hurts
His eyes are sore
Franco is going to the clinic
She/ he went to see the doctor
Her leg is swollen
Seema ate something bad
They want to go to the clinic

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Lesson 23: Safety Expressions

nthuse	Help me
ke kopa thuso	I need help
ke tlhasetswe	I have been attacked, I am being attacked.
go thubilwe kwa lwapeng;ntlung	My house has been broken into.
Ke utswetswe	There has been theft in my house.
ke thukuthilwe	I have been robbed